

# **Holy Spirit Catholic Parish A Welcoming Community**

**1489 Shea Road, Stittsville, ON K2S 0G8**

**Phone: 613-836-8881    Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)**

## **PASTORAL TEAM**

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

## **Thanksgiving**

*For wealth and plenty in the land,*

*For faith in God's sustaining hand,*

*For every blessing great and small*

*We thank the giver of it all.*



## TWENTY-EIGHTH SUNDAY IN ORDINARY TIME



### Oct 12 – 28th Sunday in Ordinary Time

2 Kings 5.14-17  
2 Timothy 2.8-13  
Luke 17.11-19

### Oct 19 – 29th Sunday in Ordinary Time

Exodus 17.8-13  
2 Timothy 3.14-4.2  
Luke 18.1-8

#### *Parish Calendar*

**Mon, Oct 13** Thanksgiving Day  
Parish Office Closed

**Tue, Oct 14**  
9:00 am Mass  
6:30 pm RCIA  
7:00 pm Knights of Columbus meeting

**Wed, Oct 15** St. Teresa of Jesus  
11:00 am Children's Faith Formation

**Thu, Oct 16** St. Marguerite d'Youville  
Parish Office Closed in Afternoon  
9:00 am Children's Faith Formation  
9:30 am Cenacle of Marian Movement of Priests  
7:00 pm Youth Night Grades 6-8

**Fri, Oct 17** St. Ignatius of Antioch  
9:00 am Mass  
9:30 am Flame of Love Prayer Group  
9:30-10:30 am Adoration & Benediction

**Sat, Oct 18** St. Luke  
9:00 am Men's Breakfast with Bishop Mathieu  
4:15-4:45 pm Reconciliation  
5:00 pm Mass

**Sun, Oct 19** 29th Sunday in Ordinary Time  
9:00 am Mass  
11:00 am Mass

\*Coffee Sunday hosted by the Catholic Women's League after the 9 & 11 am Masses. Everyone welcome!

\*Confession available before morning Mass 8:30-8:50am

*There will be a special collection for World Mission Sunday the weekend of Oct 18 & 19, 2025.*

**Rosary in October:** According to tradition, October and May are two months where we pay special attention to our Blessed Mother Mary and her unique role in salvation history. Her great desire is to lead us closer to her Son, Jesus. After the Sunday 9 am Mass, you are invited to join in praying the rosary for the month of October. Bring your rosary, yourself, your family, and a friend. Come and join us in praying this beautiful devotional prayer that our Blessed Mother gave to us and pray for peace. All are welcome.

**2025-2026 SACRAMENT PREPARATION PARENTS ONLY MEETING (no children required): CONFIRMATION** at Holy Spirit Parish Hall on: Wed, Oct 22, 2025 at 7:00pm; or Sat, Oct 25, 2025 at 4:00pm. If you have children in Grade 6 or older and wish the Sacrament of Confirmation for them, please plan to attend one of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

**SAVE THE DATE – November 15, 2025, is our Catholic Women's League BAZAAR – you don't want to miss it!**

#### *Mass Intentions*

**Tue, Oct 14 – 9:00 am**  
Intentions of Margaret Mulvihill by Marion

**Fri, Oct 17 – 9:00 am**  
†Florence Bailey by Randy Peckham & Family

**Sat, Oct 18 – 5:00 pm**  
†Lucille Gauthier by Pauline Foley  
Intentions of Colin Bahen by Dolores & Warren Bahen

**Sun, Oct 19 – 9:00 am**  
†Jan LeSage by Mary Jeffrey  
†Wally Moroz by Joan  
†Micheal Di Iorio by Francesco Di Iorio  
†Lillian Hamilton by Lionel

**Sun, Oct 19 – 11:00 am**  
For the intentions of all parishioners



**Please pray for those who are sick:**

**Please pray for those who have died: †**

†Indicates Deceased.

**Back to School Snack Food Drive** Parishioners are invited to share with those less fortunate in our community by bringing non-perishable food items to donate to the Stittsville Food Bank in this season of Thanksgiving. The Food Bank is serving more clients than in previous years. We need school snacks, cookies, juice boxes, granola bars but all donations are appreciated. Please bring donations during office hours or when you come to Sunday Mass before October 19. Thank you for giving generously!



**Catholic Pilgrimage:** Catholic Shrines of Ireland, Northern Ireland and Scotland accompanied by Msgr. Muldoon, Holy Cross Parish, Apr 8-23, 2026. Limited number! Info: [dennis@jbctravel.ca](mailto:dennis@jbctravel.ca), 613 569-3888. A meeting is scheduled with Dennis Kam, JBC Travel on Nov 16 at 2 pm in Holy Cross (685 Walkley Rd) Parish Hall. All are welcome.

**OCTOBER 19 – World Mission Sunday** is celebrated in all the churches of the world. The funds raised are sent to churches in need. World Mission Sunday is a call to "Go and make disciples of all nations" (Mt 28.19). We are invited to pray fervently for the realization of this great mission of Christ. Please give generously.

*Donate to our Parish  
or Youth Ministry*



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

**Gospel Reflection:** The secular thanksgiving holiday we celebrate this weekend only makes sense if we think for a moment to whom are we offering thanksgiving? How can you celebrate thanksgiving without thanking God? The word Eucharist is a Greek word which means "thanksgiving." Every celebration of the Mass is an act of thanksgiving to God for his goodness and many blessings. Sometimes people explain they don't go to church because they don't get anything out of it but that is getting things backward. We don't go to church to get something, we go to give something - our gratitude to God which we express in the practice of our faith. Then, God who has already given us so much, when we return to thank him for his generosity, gives us in the holy Eucharist the supreme gift of Jesus Christ, truly present in holy communion - body, blood, soul and divinity.

Fr. Geoff

**Respect Life Ministry** invitation: Join us for **40 Days for Life**, a peaceful campaign of silent prayer, fasting, and public vigil for an end to abortion running from Sep 24 to Nov 2. Our parish will cover vigil hour **Sun, Oct 26 (2-3 pm) at the southwest corner of Queen Street just off Bank Street**. Former abortion industry workers say it was the prayer presence outside their facilities that turned them away from abortion, and drop-off rates at clinics can reach as high as 75% when there's a prayer vigil nearby. Come stand with us in prayer; **contact the parish office or simply meet us at the vigil location**.

**Men's Breakfast October 18th with Special Guest Bishop Yvan Mathieu:** please join us for a special Men's Breakfast with our auxiliary Bishop Yvan Mathieu who will speak to us on the theme of Fatherhood in the scriptures. Doors open at 8:30 am with breakfast at 9:00 am. Cost is a free will donation to support the works of the Holy Spirit Knights of Columbus Council. Please RSVP to [kofo@holyspiritparish.ca](mailto:kofo@holyspiritparish.ca) by Tuesday, October 14<sup>th</sup> so we can have enough scrambled eggs, sausage, toast, etc. Men, please join us and bring a friend! Fr. Geoff



**Woven** is an initiative within the Archdiocese of Ottawa-Cornwall to support mothers and families grieving miscarriage and infancy loss. Our God has a great tenderness for the grieving and the broken-hearted. The shortest verse in scripture records his own moment of grief at the death of a loved one: "Jesus wept." (John 11:35). If you've lost a child, know God is with you in your heartbreak. Your child has always been known and loved by him. Masses of Remembrance will be held across our archdiocese to honour children lost through miscarriage or in infancy. These Masses are an opportunity to entrust to the Lord our children who have gone home to his arms. Names of children, submitted to us through our online form, [www.ottawacornwall.ca/woven-miscarriage-and-infant-loss/](http://www.ottawacornwall.ca/woven-miscarriage-and-infant-loss/), will be honoured at the beginning of each Mass: **Holy Spirit Parish Mass on October 25 at 10am; St. Maurice Parish Mass on October 18 at 9am.**

**CHILDREN'S FAITH FORMATION** The Children's Faith Formation (CFF), level 1 program (3-5 year olds) for the 2025-26 year has started. **This year we are in need of assistants in the atrium.** We are seeking volunteers willing to assist in one CFF session each week. Time allotment for each session is about 2.5 hours per week. This includes set-up and clean-up time. Please consider accompanying young children in their beautiful journey to the Lord. Training will be provided. For more info about assisting in the CFF program, email Kim at [holyspiritcff@gmail.com](mailto:holyspiritcff@gmail.com).

Our Catholic Women's League Annual Bazaar is coming up on **November 15!** We are getting ready and would love your donations of some items for our Elephant Table: gently used belts, jewelry (Very Popular! Drop off is at the CWL bulletin board), purses, pottery, Christmas and Easter items, puzzles, games, kids things, frames and prints. For our Religious items table, we would love donations of Nativity cribs and rosaries. (Please no clothing, books or electrical appliances). We also love Christmas Baking. All donation drop offs are Fri, Nov 14. Contact Louise Beggs for more information, 613-852-4469, [louisebeggs@icloud.com](mailto:louisebeggs@icloud.com)

**Coffee Sunday Volunteers Needed:** We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going! Fr. Geoff

**Pilgrims of Hope, Come walk with us! October 23** Celebrate the 9am Mass at St. Patrick's Fallowfield and walk the Ottawa Camino to Notre Dame Cathedral, Ottawa. The 30 km walk will take approximately 8 hours, leaving 9:45am and concluding with a reception at Notre Dame Cathedral Basilica. Check out Pilgrimage details and signup at [www.tinyurl.com/Rosary-Pilgrimage-2025](http://www.tinyurl.com/Rosary-Pilgrimage-2025)

**Harvest Takeout Supper** Sun, Oct 19: Right from Our Lady of the Visitation's kitchen enjoy a homemade roast beef dinner with all the trimmings including a delicious apple dessert. Adults \$30; children 10 and under \$10.00. Curbside pickup 4 - 6 pm at 5338 Bank St. Prepaid orders call 613-822-2007 or email [office@olvottawa.ca](mailto:office@olvottawa.ca). Include a phone number. Proceeds to church restoration.

You are warmly invited to Holy Redeemer parish on Tuesday, October 21st at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Fr. Ben St. Croix entitled "But I will restore you to health and heal your wounds", praise and worship music, silent prayer time, confessions, and fellowship afterwards.

Happy Thanksgiving Humour:

**What's the best way to fix a broken pumpkin?**

Use a pumpkin patch.

**Why did the cranberry blush?** It saw the turkey dressing.





**LAURYSSEN****KITCHENS**

KITCHENS | VANITIES | CLOSETS

Design Experience Centre - 183 Colonnade Rd S, Ottawa  
 Head Office & Manufacturing - 7 Industrial Ave, Carleton Place  
**613-836-5353** [www.laurysenkitchens.com](http://www.laurysenkitchens.com)

**HAZELDEAN FAMILY  
CHIROPRACTIC**

Dr. Erin McLaughlin  
 Dr. Pierre Paradis  
**613-831-9665**  
[hazeldeanchiropractic.com](http://hazeldeanchiropractic.com)

**Glen Scottish  
Restaurant**

*The Best Fish & Chips in the Valley*  
 1010 Stittsville Main St.  
**613-836-5622**  
[www.theglen.ca](http://www.theglen.ca)

Planning for the future

Take the first step today and receive a **FREE** Planning Kit.

**613-591-6580**  
[kellykanatafh.ca](mailto:kellykanatafh.ca)



Kelly Funeral Home  
 Kanata Chapel  
 by Arbor Memorial  
 580 Eagleson Road | Kanata, ON

Arbor Memorial Inc.

**FULL SERVICE  
REAL ESTATE****XLR8**

REALTY GROUP INC. BROKERAGE

Residential, Commercial, Waterfront, Land, Farm, Custom Building

**WWW.XLR8REALTY.COM 1.613.831.8180****CHRISTOPHER  
LYONS****XLR8 REAL ESTATE BROKER**

REALTY GROUP INC. BROKERAGE

Full Service REALTOR\*

Residential, Commercial, Waterfront, Land, Farm, Custom Building

**613.293.3929 xlr8luxurylistings.com****statue  
canada**MANUFACTURING  
SINCE 1978

1099 Carp Rd  
 613.277.5588  
[info@statuecanada.ca](mailto:info@statuecanada.ca)

**www.statuecanada.ca**

PLANTERS • BIRDBATHS  
 STATUES • ANIMALS  
 BENCHES • FOUNTAINS  
 RELIGIOUS • CONTEMPORARY

**RESIDENTIAL  
COMMERCIAL**WE ARE COVERED BY  
INSURANCE AND WSIB

113 Patriot Pl, Kanata

**613-853-0010**[Dannytrancleaningservicesinc@gmail.com](mailto:Dannytrancleaningservicesinc@gmail.com)[www.dannytrancleaningservicesinc.com](http://www.dannytrancleaningservicesinc.com)

Dannytrancleaningservicesinc

**Liturgica**  
inc.

Religious Supplies &amp; Gifts

Shop online:

[www.liturgica.ca](http://www.liturgica.ca)**613-745-1537**

Showroom:

**2310 St-Laurent, Unit 209****Fernbank  
Dental Centre**

New Patients &amp; Emergencies Welcome

Evening &amp; Saturday Appointments Available

**5373 Fernbank Road C1 613-836-8123**[fernbankdental@gmail.com](mailto:fernbankdental@gmail.com) • [www.fernbankdental.com](http://www.fernbankdental.com)

Pickup &amp; Delivery

**RESIDENTIAL • COMMERCIAL**

WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Road, unit 110  
 Kanata ON K2L 2B5

**613-793-5678**

Dannymovingservicesltd

[dannymovingservicesltd@gmail.com](mailto:dannymovingservicesltd@gmail.com)[www.dannymovingservicesltd.com](http://www.dannymovingservicesltd.com)**arbique&ahde**  
associate lawyers

Stittsville Shopping Centre

**204-1300 Main St. 613-836-2240** [info@arbiqueahde.com](mailto:info@arbiqueahde.com)

Bringing Quality, Affordable  
 Dental Care To YOU!  
 Direct Billing, CDCP, OSDCP,  
 NIHB, ODSP

[mel@mobileteethcleaning.com](mailto:mel@mobileteethcleaning.com) **613-614-5199**  
[www.mobileteethcleaning.com](http://www.mobileteethcleaning.com)

**Stittsville Villa**

— Retirement Living —



**Legendary  
senior  
living in  
Stittsville!**

**613-836-2216****613-728-4780**

**Thomas A. PEGG**  
 PLUMBING AND HEATING LTD.

**THE COLE FAMILY...**  
 SERVING OUR COMMUNITY SINCE 1924

COLE FAMILY OWNED SINCE 1924  
**PINECREST  
REMEMBRANCE**  
 — Services Ltd. —

**COLE FUNERAL**  
 — Services —

**HIGHLAND  
PARK CEMETERY**  
 — Cole Family owned —

[Pinecrest-Remembrance.com](http://Pinecrest-Remembrance.com) [ColeFuneralServices.com](http://ColeFuneralServices.com) [HighlandParkCemetery.ca](http://HighlandParkCemetery.ca)

*Dedicated to providing personalized service and choice*

**THOMAS  
CAVANAGH**  
**CONSTRUCTION LIMITED**

9094 Cavanagh Rd., Ashton, ON

**613.257.2918**[www.thomascavanagh.ca](http://www.thomascavanagh.ca)