



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TWENTY-NINETH SUNDAY IN ORDINARY TIME



Oct 19 – 29th Sunday in Ordinary Time

Exodus 17.8-13
2 Timothy 3.14-4.2
Luke 18.1-8

Oct 26 – 30th Sunday in Ordinary Time

Sirach 35.15-17,20-22
2 Timothy 4.6-8,16-18
Luke 18.9-14

Parish Calendar

Mon, Oct 20

5:30 pm First Reconciliation Preparation Session
6:30 pm RCIA
7:00 pm Catholic Women's League Executive

Tue, Oct 21

9:00 am Mass
5:30 pm First Reconciliation Preparation Session
7:00 pm Knights of Columbus meeting

Wed, Oct 22

9:00 am Mass
11:00 am Children's Faith Formation
2:00 pm Youth Alpha
6:00 pm Choir Practice
7:00 pm Confirmation Parents' Meeting
7:00 pm Finance Council Meeting

Thu, Oct 23

Parish Office Closed
9:00 am Mass
9:00 am Children's Faith Formation
9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5

Fri, Oct 24

9:00 am Mass with Sacred Heart Grade 8
9:30 am Flame of Love Prayer Group

Sat, Oct 25

10:00 am Woven Mass
4:00 pm Confirmation Parents' Meeting
4:15-4:45 pm Reconciliation

5:00 pm Mass

Sun, Oct 26 30th Sunday in Ordinary Time

9:00 am Mass
11:00 am Mass

*Confession available before morning Mass 8:30-8:50am

Rosary in October: According to tradition, October and May are two months where we pay special attention to our Blessed Mother Mary and her unique role in salvation history. Her great desire is to lead us closer to her Son, Jesus. After the Sunday 9 am Mass, you are invited to join in praying the rosary for the month of October. Bring your rosary, yourself, your family, and a friend. Come and join us in praying this beautiful devotional prayer that our Blessed Mother gave to us and pray for peace. All are welcome.

Knight of Columbus Parish Breakfast The Knights of Columbus will be hosting a Pancake Breakfast in the parish hall on Sunday, November 2nd from 10:00am to 1:00pm. All are invited! Please join us for pancakes, sausages and baked beans. The cost is Free-Will donation to support our programs. We look forward to seeing you there.

SAVE THE DATE – November 15, 2025, is our Catholic Women's League BAZAAR – you don't want to miss it!

Mass Intentions

Tue, Oct 21 – 9:00 am

Intentions of Graham Pappin by Marion

Wed, Oct 22 – 9:00 am

†Louanna Dilorio by Francesco Dilorio

Thu, Oct 23 – 9:00 am

†Auxilda & Reg Marsolais by Jacques & Jeannie

Fri, Oct 24 – 9:00 am

Intentions of the Laplante and Lebrun Families

Sat, Oct 25 – 5:00 pm

Intentions of Munashe Chigwamba by Tsungayi Chigwamba

†Lucille Gauthier by Doreen & Jim Sauve

Intentions of Maureen & Shane Gifford by Dolores & Warren Bahen

†Ross Pollock by Marilyn & Family

Sun, Oct 26 – 9:00 am

For the intentions of all parishioners

Sun, Oct 26 – 11:00 am

Living and Deceased Members of CWL

†Jeanette Linde by Sandra Cybulski

†Claude Leost by Josephine Cybulski & Ray Golka

†Repose of the souls of Jacob & Samantha Lommen by Anna Lommen

Please pray for those who are sick:

Please pray for those who have died: †Phil Rocco

†Indicates Deceased.

2025-2026 SACRAMENT PREPARATION PARENTS ONLY MEETING (no children required): CONFIRMATION at Holy Spirit Parish Hall on: Wed, Oct 22, 2025 at 7:00pm; or Sat, Oct 25, 2025 at 4:00pm. If you have children in Grade 6 or older and wish the Sacrament of Confirmation for them, please plan to attend one of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

Donate to our Parish
or Youth Ministry



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Gospel Reflection:

The readings today teach us about the need to be persistent – to stick with faith. We need to have faith that is more like spiritual “Gorilla Glue” than spiritual “Post-It Notes”. We know that God does answer our prayers. But He doesn’t do so on our schedule or necessarily in the ways that we dictated to him in our prayers. God doesn’t play games with us. He is not like the mythical genie in a bottle who finds a way to twist the wish in unexpected ways. God is a loving father who wills our ultimate good. Sometimes, we think we know what is best for us, but God always has our best interests, and our salvation, in his plans. Prayer allows us to discover his plans for us and helps us to conform our desires and actions to his purposes.

Fr. Geoff

Respect Life Ministry invitation: Join us for **40 Days for Life**, a peaceful campaign of silent prayer, fasting, and public vigil for an end to abortion running from Sep 24 to Nov 2. Our parish will cover vigil hour **Sun, Oct 26 (2-3 pm) at the southwest corner of Queen Street just off Bank Street**. Former abortion industry workers say it was the prayer presence outside their facilities that turned them away from abortion, and drop-off rates at clinics can reach as high as 75% when there’s a prayer vigil nearby. Come stand with us in prayer; **contact the parish office or simply meet us at the vigil location**.

Our Catholic Women’s League Annual Bazaar is coming up on **November 15!** We are getting ready and would love your donations of some items for our Elephant Table: gently used belts, jewelry (Very Popular! Drop off is at the CWL bulletin board), purses, pottery, Christmas and Easter items, puzzles, games, kids things, frames and prints. For our Religious items table, we would love donations of Nativity cribs and rosaries. (Please no clothing, books or electrical appliances). We also love Christmas Baking. All donation drop offs are Fri, Nov 14. Contact Louise Beggs for more information, 613-852-4469, louisebeggs@icloud.com

Woven is an initiative within the Archdiocese of Ottawa-Cornwall to support mothers and families grieving miscarriage and infancy loss. Our God has a great tenderness for the grieving and the broken-hearted. The shortest verse in scripture records his own moment of grief at the death of a loved one: “Jesus wept.” (John 11:35). If you’ve lost a child, know God is with you in your heartbreak. Your child has always been known and loved by him. Masses of Remembrance will be held across our archdiocese to honour children lost through miscarriage or in infancy. These Masses are an opportunity to entrust to the Lord our children who have gone home to his arms. Names of children, submitted to us through our online form, www.ottawacornwall.ca/woven-miscarriage-and-infant-loss/, will be honoured at the beginning of each Mass: **Holy Spirit Parish Mass on October 25 at 10am**.

CHILDREN’S FAITH FORMATION

There are still openings in sessions for 3-5 year old children. Sessions are held on Wed, 12:30pm-2:15pm and Thu, 9:30am-11:15am. The adult is with the child in the Presence of the Lord. Children are not presented a curriculum, but an opportunity to enliven and deepen the bond between God and the Child. This is done through Montessori-based methods and physical works of Catholic liturgy and Holy Scripture made available to the child. Please contact Kim at holyspiritcfc@gmail.com.

Coffee Sunday Volunteers Needed:

We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going! Fr. Geoff

Pilgrims of Hope, Come walk with us! October 23

Celebrate the 9am Mass at St. Patrick’s Fallowfield and walk the Ottawa Camino to Notre Dame Cathedral, Ottawa. The 30 km walk will take approximately 8 hours, leaving 9:45am and concluding with a reception at Notre Dame Cathedral Basilica. Check out Pilgrimage details and signup at www.tinyurl.com/Rosary-Pilgrimage-2025

SEMINAR: Natural Family Planning & Fertility Health

Did you know that there is a safe, effective and faith-centred approach to planning your family? Did you know that some modern Natural Family Planning methods have effectiveness rates as high as 98%? Join us for an engaging and informative lecture on Natural Family Planning (NFP)-an approach that respects God’s design for fertility. Wed Oct 29 at 7pm at Holy Redeemer Church in the Upper Room. Contact prolife.hrparish@gmail.com for more information.

Light in the East: CNEWA Canada’s 20th Anniversary Fundraising Gala.

CNEWA (Catholic Near-East Welfare Association) is a papal agency serving Eastern Churches and vulnerable communities in the Middle East, North Africa, India, and Eastern Europe. Guest speaker Sr. Marie Claude Naddaf, a religious sister from Syria, now working in Lebanon, renowned for her tireless efforts to rescue women and children from human trafficking. Friday, November 7, 2025 dinner at 7 pm (doors open at 6 pm), St. Elias Banquet Centre, Ottawa, 750 Ridgewood Avenue. Tickets can be purchased at cnewa.org/ca/gala-tickets or by calling 613-738-9666

Good Shepherd CWL Annual Craft Fair

Annual Christmas Craft Fair on Saturday, November 1st 9:00 am – 2:00 pm. Start your Christmas shopping early. We are located in Blackburn Hamlet, 3092 Innes Road, hope to see you there!

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