



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THE EXALTATION OF THE HOLY CROSS



Sep 14 – Feast of the Exaltation of the Cross

Numbers 21.4-9
Philippians 2.6-11
John 3.13-17

Sep 21 – 25th Sunday in Ordinary Time

Amos 8.4-7
1 Timothy 2.1-7
Luke 16.1-13

Parish Calendar

Mon, Sep 15 Our Lady of Sorrows
6:30 pm RCIA
7:00 pm Catholic Women's League Executive

Tue, Sep 16 St. Cornelius & St. Cyprian
9:00 am **Mass**
7:00 pm Knights of Columbus meeting

Wed, Sep 17
9:00 am **Mass**
6:00 pm Choir Practice

Thu, Sep 18
9:00 am **Mass**
9:30 am Cenacle of Marian Movement of Priests

Fri, Sep 19
9:00 am **Mass**
9:30-10:30 am Adoration & Benediction
9:30 am Flame of Love Prayer Group

Sat, Sep 20 St. Andrew Kim Tae-gôn, Paul Chông
Ha-sang & Companions
1:00 pm Euchre Tournament hosted by CWL
4:15-4:45 pm Reconciliation
5:00 pm **Mass**
Volunteer Fair after Mass

Sun, Sep 21 **25th Sunday in Ordinary Time**
9:00 am **Mass**
11:00 am **Mass**
Volunteer Fair after both Masses

*Coffee Sunday hosted by the Catholic Women's League after the 9 & 11 am Masses. Everyone welcome!

*Confession available before morning Mass 8:30-8:50am



VOLUNTEER FAIR September 20 & 21

Come and explore the many opportunities you can share your time and talents within our parish community! Join us after all Masses on the weekend of September 20 & 21 for our Volunteer Fair. Representatives from various ministries and groups will be available to share information and answer your questions. Whether you can give a little or a lot, there is a place for you! Take this opportunity to see where your gifts can make a difference.



Calling all Euchre players Come for a fun afternoon of Euchre on Sat, Sep 20, 1:00pm - 4:00pm in the Parish Hall. Hosted by the Catholic

Women's League. Tickets are \$10 per person. Please purchase in advance. There will be prizes for the winners, door prizes and 50/50 draw. For info and tickets, contact Michelle or Louise at email cwlholyspiritparish@gmail.com or (613)836-3126. Everyone is welcome.

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Mass Intentions

Tue, Sep 16 – 9:00 am
In thanksgiving to St. Joseph & St. Jude

Wed, Sep 17 – 9:00 am
†Zebb LaRue by Sandra Cybulski

Thu, Sep 18 – 9:00 am
†Maria DaNova by Deacon Nuno & Family

Fri, Sep 19 – 9:00 am
Intentions of John & Susan Bahen by Dolores & Warren

Sat, Sep 20 – 5:00 pm
†Donald Fowler by Joanne
†Gerald Fitzgerald by Family
Intentions of Maureen Gifford by Dolores & Warren Bahen
Intentions of Laplante & Lebrun Families by Garvey Family

Sun, Sep 21 – 9:00 am
For living & deceased members of the Catholic Women's League
Deceased family members of Donella & Joseph Gabriele
Intentions of Cameron & Susana Bahen by Dolores & Warren Bahen
Intentions of Shirlee & Maxine by Barb

Sun, Sep 21 – 11:00 am
For the intentions of all parishioners



Please pray for those who are sick:

Please pray for those who have died: †

†Indicates Deceased.

Holy of Hour for Victims of Sexual Abuse: Archbishop Damphousse wrote a message to the faithful containing: "... our Church will mark a day of reflection and prayer in memory of the victims of sexual abuse committed by members of the clergy. This is a painful, yet necessary, step on our journey of conversion and truth. We cannot forget or minimize the deep wounds inflicted on children, young people, and vulnerable individuals. I know that, in the face of such horror, words feel inadequate. There will never be actions or words strong enough to repair what has been broken. Yet, as pastors and servants of Christ, we have the duty to listen humbly, to acknowledge the suffering of the victims, and to commit ourselves ever more deeply to building a Church that is safe, transparent, and respectful. [We will remember this on Friday September 19th.] [It] is not only a call to prayer but also to responsibility. Together, we must seek forgiveness, protect the most vulnerable, and ensure that such abuses can never happen again. This requires vigilance, clarity, and above all, a spirit of ongoing conversion." Please join if you can after the Friday morning Mass for a Holy Hour. Fr. Geoff

Coffee Sunday Volunteers Needed: We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going!

Gospel Reflection: “For God so loved the world that he gave his only-begotten Son, so that everyone who believes in him many not perish but may have eternal life” (John 3:16). The celebration of the Exaltation of the Holy Cross today is about the power of God to bring hope out of despair, light out of darkness and life out of death through Christ’s sacrifice on the Cross. Jesus did not come to condemn the world and sinners, but to redeem and save us. This Feast is about God’s great love and mercy. Fr. Geoff

2025-2026 SACRAMENT PREPARATION PARENTS ONLY MEETING (no children required): FIRST RECONCILIATION and FIRST COMMUNION at Holy Spirit Parish Hall on: Tuesday, September 23, 2025 at 7:00pm; or Sunday, September 28, 2025 at 3:00pm. If you have children in Grade 2 or older and wish the Sacraments of First Reconciliation and First Communion for them, please plan to attend one of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

Respect Life Ministry presents **Horizons of Hope** We are looking for parishioners to consider serving as table leaders for our 2-day workshop that empowers and educates parishioners by addressing questions surrounding palliative care, dying, death, suffering, accompaniment, and bereavement, taking place Nov 22 & 29. You will moderate the discussion in your small group, and have the ability to listen, to steer the conversation for all to participate, to recognize and intervene if inappropriate content is being shared, to seek help when needed. For more information about being a table leader, please email farrarraquelb@gmail.com

Men’s Breakfast October 18th with Special Guest Bishop Yvan Mathieu:



please join us for a special Men’s Breakfast with our auxiliary Bishop Yvan Mathieu who will speak to us on the theme of Fatherhood in the scriptures. Doors open at 8:30 am with breakfast at 9:00 am. Cost is a free will donation to support the works of the Holy Spirit Knights of Columbus Council. Please RSVP to kofc@holyspiritparish.ca by Tuesday, October 14th so we can have enough scrambled eggs, sausage, toast, etc. Men, please join us and bring a friend! Fr. Geoff

Our Catholic Women’s League (CWL) is hosting our annual **Paint Night** again with the fun Paint Sisters on October 8 from 7-9pm. CWL members will be selling tickets after Masses on Sep 13, 14 & 21. You can also reserve a ticket (still \$40) for this popular evening by contacting Louise at 613-852-4469, louisebeggs@icloud.com.

Diocesan Holy Hour for Vocations which will take place at **7pm on Thursday, September 18 at Notre-Dame Cathedral Basilica**. We will come together as an Archdiocese to pray and promote vocations. Archbishop Marcel Damphousse will offer a homily during the Holy Hour. We will be joined by the Young Catholics of Ottawa group. Everyone welcome!

We are looking for Host Homes for the Net Teams from September 28-30. Contact Alex if you can help youth@holyspiritparish.ca

St. Basil’s Parish in collaboration with Kateri Native Ministry are holding an **Outdoor Mass celebrating the Season of Creation**, and all are invited. It will be held on Sat, Sep 20th at 11 am on the Kateri Land in Fitzroy Harbour. All are welcome.

Life Chain October 5th (2 pm to 3 pm corner of Hazeldean and Eagleson; A family friendly location is available in front of Holy Redeemer church on the sidewalk.) Life Chain is an easy way to get involved in pro-life activism. Our local Life Chain will be held Oct 5 - just show up for one hour to stand on the sidewalk with others who are not ashamed to publicly witness to their pro-life beliefs. Your local Life Chain organizer will provide you with a non-graphic Life Chain sign to hold, and you may pray silently for an end to abortion and for those affected by it. For more info visit: www.campaignlife.coalition.com/life-chain

Action Life Ottawa is hiring! We are looking for an Admin Assistant who would work at our office, in-person and part-time. If interested, please contact info@actionlife.org for job description and application details.

St. Isidore Catholic Parish (1135 March Road) is seeking to hire a permanent, part-time **Property Employee**. The Employee will be responsible for the maintenance of the Parish buildings and grounds including the Parish Cemetery. For a job description, please visit the parish web site – stisidorekanata.com.

You are warmly invited to Holy Redeemer parish on Tuesday, September 30th at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk entitled “Intercession”, praise and worship music, silent prayer time, confessions, and fellowship afterwards. Please note that the event will not be livestreamed this month.

The **Encounter School of Ministry (ESM)** draws from the richness of our Catholic heritage to teach, equip, and activate disciples to demonstrate the love of God through the power of the Holy Spirit. ESM offers students a dynamic 2-year training program designed to take them to the next level in their ministry. The Come and See evenings offered by the ESM Ottawa Campus are ideal for those who are discerning their enrolment in the full ESM program and would like to experience our content and our culture firsthand and beforehand. Join us Sep 16, 23 and 30, from 6 to 9:30pm at St. Mary’s Parish. No registration required. For more information about Encounter, check out our website: www.encounterschool.org/ottawa

LitSpark Youth is a teen-led nonprofit that aims to improve youth literacy in the local community. We believe in the power of reading to build language skills, confidence, and a lifelong love of learning. Please consider donating new or gently used books before Sep 29. All books will be distributed to children and families in need. For more information, visit litspark.ca

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