



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SIXTH SUNDAY IN ORDINARY TIME



Feb 16 – 6th Sunday in Ordinary Time

Jeremiah 17.5-8
1 Corinthians 15.12,16-20
Luke 6.17,20-26

Feb 23 – 7th Sunday in Ordinary Time

1 Samuel 26.2,7-9,12-13,22-25
1 Corinthians 15.45-49
Luke 6.27-38

Parish Calendar

- Mon, Feb 17** Parish Office Closed for Family Day
7:00 pm Catholic Women's League Executive Meeting
- Tue, Feb 18**
6:30 pm RCIA
7:00 pm Mass
7:00 pm Confirmation Preparation
7:35 pm Knights of Columbus Council meeting
- Wed, Feb 19**
9:00 am Mass
7:00 pm Choir Practice
- Thu, Feb 20**
9:00 am Mass
9:00 am Children's Faith Formation
9:30 am Cenacle of Marian Movement of Priests
7:00 pm Youth Night Grades 6-8
- Fri, Feb 21**
9:00 am Mass
9:30 am Flame of Love Prayer Group
- Sat, Feb 22** Chair of St. Peter
4:15-4:45 pm Reconciliation
5:00 pm Mass
- Sun, Feb 23** 7th Sunday in Ordinary Time
9:00 am Mass
11:00 am Mass

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 6-8. This week's theme: Board Games. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

Confirmation Preparation begins in February 2025. We need small group leaders once a week beginning February 18. If interested or for more details, please contact Alex at youth@holyspiritparish.ca

Fishing Humour: How many fishermen does it take to change a light bulb? One, but you should have seen the bulb – it was THIS big!

Donate to our
Parish
or Youth
Ministry



Mass Intentions

- Tue, Feb 18 – 7:00 pm**
†Ray Mulvihill by Ted O'Lear
- Wed, Feb 19 – 9:00 am**
Intentions of Alex Ducharme by Alison Mirabelli
- Thu, Feb 20 – 9:00 am**
Intentions of Tim Di Gaspari by Marion
- Fri, Feb 21 – 9:00 am**
†Alan Selvadurai & all souls in purgatory by Marie
- Sat, Feb 22 – 5:00 pm**
†Maria Teresa & †Jose Chavolla and †Marina & †Carlos Wolf by Veronica Wolf & Daniel Chavolla
For the living & deceased members of the Catholic Women's League
- Sun, Feb 23 – 9:00 am**
†Phil & †Josh by Joan & Family
†Richard Jeffrey by Mary & Family
- Sun, Feb 23 – 11:00 am**
Intentions of Shane Gifford by Dolores & Warren Bahen
For the intentions of all parishioners



Please pray for those who are sick:

Please pray for those who have died: †Sister Anna Chan

†Indicates Deceased.

PREPARING for LENT... Please return your blessed palms from last year and place them in the basket at the entrance. They will be burned and used as ashes for Ash Wednesday, March 5th.

Knight of Columbus Shove Sunday Breakfast The Knights of Columbus will be hosting a Pancake Breakfast in the parish hall on Sunday, March 2nd from 10:00am to 1:00pm. All are invited! Please join us for pancakes, sausages and baked beans. We look forward to seeing you there.



Looking to Volunteer Occasionally? Canadian Blood Services holds blood donation events at our church. We need a volunteer willing to be the church contact during the events that take place once every couple of months. This is approximately an 8-hour commitment. If interested or for more details, please contact the parish office.

Heart of Worship adoration event at Holy Redeemer parish on Feb 25 at 7:00pm. The evening will include a talk by Fr. Marc Gaudet entitled "What's Holding You Back?", praise and worship music, silent prayer time, confessions, and fellowship afterwards. All are welcome.

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Gospel Reflection:

Jesus tells us he did not come to abolish the Old Testament Law, but to fulfill it. If the Law was there to provide the foundation, the bare minimum for honouring God we might say, Jesus came to show us how to go beyond that minimum foundation to a more full relationship with God. We need to grow beyond a legalistic relationship with God to one based on love of God and neighbour. It is a significant shift from obeying the Law because it contains the rules, to seeking to love God and our neighbour in action. A relationship based on just following the rules is not the same as one where we try to please the one we love. Love changes everything.

Fr. Geoff

Understanding the Mass – Why for “the Many” and Not “for All”?

During the consecration of the wine into the Blood of Christ, the priest prays: “...the Blood of the New Covenant, which will be poured out for you and *for many* for the forgiveness of sins”. This is a change from the previous version of “for all” for an important theological reason. Jesus Christ suffered and died on the Cross so that all humanity might be redeemed from the power of sin and death. We all are redeemed because of Christ’s suffering and death and not because of our personal worthiness but we do not get a ‘free pass’ into heaven. The choices we make in this life have eternal consequences and when we reject God’s grace and refuse to repent of our sins, we separate ourselves from God. So, Jesus’ suffering and death is not a guarantee that all will automatically be saved regardless of our choices but rather it provides the freedom for us to choose for or against God. This change in the Eucharistic Prayers makes it clear that our freedom to choose for or against God matters and that Christ’s death is not a guaranteed ‘free pass into heaven for all’ because God respects our free will and our choices.

Fr. Geoff

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on February 20 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

If your child was born in 2021, it’s time to register them to start **Kindergarten 2025 at the Ottawa Catholic School Board!** All our schools provide a nurturing, innovative, and faith-filled environment with rich French programming, making it an excellent choice for your child as they start their schooling journey. Registering is Easy - Simply complete the online registration form and upload your documents. If you have questions, our Admissions team (Admissions@ocsb.ca) will be happy to help. Visit ocsb.ca/register to register today!

Archbishop’s Reception 2025

On May 15, 2025, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Will you be there? Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Whether you are new to the Catholic Church or have been here your whole life, we want you with us. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are 65\$ and on sale now. Visit ottawacornwall.ca/events/archbishops-reception/ to purchase your tickets today.

OFFERING A MASS Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office to book a mass. Mass Stipend is \$15.00.

Come walk with us! March 17 - Celebrate the 9am Mass at St. Patrick’s Fallowfield, and pilgrimage to St. Patrick’s Basilica. The 28 km walk will take approximately 8 hours, leaving 9:45am and concluding with a potluck reception in the Scavi of St. Patrick’s Basilica. Check out the Pilgrimage details and signup! Check the route, need for a ride or able to provide a ride, optional start/finish points, potluck dish/volunteer cleanup: www.tinyurl.com/St-Patrick-Pilgrimage

Jubilee Year Tour 2025 Sep 1-16, 2025

Cost: \$4,600 per person double occupancy; Includes: Airfare, Hotels with free breakfast, Private Motorcoach; Visiting: Italy, France, Switzerland, Luxembourg, Germany and Czech Republic; Features: Holy Doors (opened every 25 years), Audience with the Pope, Basilicas, Castles, Chateaus, Charming Old City Squares, Infant Jesus of Prague, Time for Shopping. To join the tour, please call: 613-874-0111. Please speak slowly and clearly. Please leave name, message and phone number.

This year’s **Coldest Walk of the Year in Stittsville** is happening on February 22, 2025. The walk is a fundraiser for Lionhearts, a Stittsville-based organization focused on food recovery and food security. We are encouraging residents, community organizations, and churches to participate. You can create a team, or join an existing team, or support the walk by making a donation. Registration and more information are available here: www.cnoy.org/location/ottawastittsville

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